

The kindness, generosity and support that the Kittery community has displayed during this uncertain time is nothing short of inspiring. It reinforces what we already knew - that the people of Kittery are strong and can persevere through anything, together.

We know now that Kittery has residents with positive cases. The risk for exposure is real and we all need to do our part to help protect each other and flatten the curve in town.

**To continue keeping yourself, and those around you safe from the Coronavirus (COVID-19):**

Do the Five:

1. **HANDS** - Wash them often
2. **ELBOW** - Cough into it
3. **FACE** - Don't touch it
4. **SPACE** - Keep a safe distance
5. **HOME** - Stay home if you can

## **Health & Safety Information**

**Don't congregate** - During time spent away from work and school, try to get outside and enjoy some fresh air without congregating. Though Fort Foster, Seapoint and Crescent Beaches are not closed at this time, people are encouraged to avoid them when crowded.

**While visiting any open space at this time, it's important to practice social distancing and remain 6 feet apart from other people.**

**If contacting Emergency Services, advise them if anyone in your household is quarantined due to COVID-19 or showing symptoms** - If you need to contact the Kittery Fire Department, Police Department or other emergency services, please let them know about anyone who might be infected or exhibited symptoms within your household.

If they are not wearing personal protective equipment and they are exposed when responding to you, they must self-quarantine for 14 days. This can dramatically reduce the available public safety personnel available to respond to emergencies and needs.

Please do your part and be honest and forthcoming with information!

**Neighbors Helping Neighbors:** Checking in on elderly or disabled neighbors who live alone is encouraged at this time. Phone calls, notes or a friendly wave while passing by are all great ways to do so. Please maintain social distancing at all times and do not go inside or speak face-to-face in close proximity.

If you are concerned about people living alone who may not know how to get food or medicines, or seem like they just need someone to check in with them on occasion, please contact Kittery Fire Department at 207-439-2262.

### Other Helpful Tips

- Stay home if you can. If you must go out, avoid using public transportation, ridesharing or taxis.
- Get plenty of rest and stay hydrated.
- Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol. To insure you're washing properly for 20 seconds, wash along to your favorite tune! Create your own guide with your favorite song using [this link](#).
- Avoid sharing personal items such as cellphones, tablets, and other items that get heavy hand to hand use.
- Clean all surfaces that are touched often like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to label instructions.

## Local Resources and Information

### Grocery Store Updates:

- Effective Monday, March 23, 2020, Market Basket stores now close at 6:00 PM.
- Market Basket and Hannaford's are providing Seniors Only (60+) Shopping Hours, Tuesday through Thursday morning, 5:30 AM - 7:00 AM.
- Carl's Meat Market is now closing at 6:00 PM, daily.

### Restaurants Open for Take-out/Delivery:

- For a full list of restaurants offering take-out and delivery options, [please click here](#).
  - For more information or to add/edit something on the list, please contact [info@yorkme.org](mailto:info@yorkme.org).

### Other Meal Options and Updates:

- **Kittery Schools Nutrition Program** - The program is providing breakfast and lunch every weekday during the school closure. Meals are FREE to all children 18 and under. Meals are available at 3 pick-up locations: Kittery Community Center, Woodland Commons and Howard Street at 11:00 AM. Drop-offs are available if needed. For more information, please contact Wendy Collins at [wcollins@kitteryschools.com](mailto:wcollins@kitteryschools.com).
- **Table of Plenty** - The organization is providing take-home meals at the Second Christian Congregational Church in Kittery from 4:30 PM - 5:30 PM. For more information, please visit [thetableofplenty.com](http://thetableofplenty.com).

- **Meals on Wheels** - The organization will continue to deliver meals. All congregate meals have been cancelled through the end of April. For more information, call 1-800-427-7411.
- **Footprints Food Pantry** - The food pantry is open to anyone needing food assistance in Kittery, Kittery Point and Eliot. Regular hours are Tuesdays, 5:30 PM - 6:30 PM and Wednesdays 9:30 AM - 1:00 PM. If needed sooner, please contact Footprints at 207-439-4673 or [footprints1992@gmail.com](mailto:footprints1992@gmail.com). Footprints will be serving people in their vehicles for the foreseeable future.

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## Town of Kittery Municipal Operations Information & Updates

Effective March 17, 2020 at 6:00 PM, Town of Kittery non-essential municipal operations will be closed.

### Town Hall

- **General Information** - Town Hall staff will have limited access to voicemail and e-mail during the closure, but will continue to respond to submissions and requests as they are able to.
  - For a complete staff directory, please visit [www.kitteryme.gov/staffdirectory](http://www.kitteryme.gov/staffdirectory) or [click here](#).
  - Residents are encouraged to stay up to date on the latest COVID-19 updates by subscribing to E-Alerts using the "Subscribe to E-alerts" button on our homepage or by [clicking here](#).
- **Paying bills while Town Hall is closed** - Residents are asked to use the Town's [online service](#), mail payments, or use the drop box at Town Hall to pay their taxes, sewer bills, and secure permits, etc,
- **Building/Planning Permits** - Our online permitting service is still available and will be addressed remotely by staff. To access online permitting, please [click here](#). Code Enforcement Staff are working with permit holders on inspections on a case-by-case basis.
- **Vehicle Registrations** - New vehicle registrations are not being accepted at this time. The Maine BMV has extended the expiration date for temporary motor vehicle plates and licenses due to the state's recent legislation [found here](#). These items will now expire 30 days after the state of emergency ends.
  - Auto renewals can still be processed online by [clicking here](#).
- **Town Clerk's Office Licensing** - For information about Victualer's, Liquor, Special Amusement and other license applications, please contact the Town Clerk at [kestee@kitteryme.org](mailto:kestee@kitteryme.org).
- **Boards & Committees** - All Town of Kittery board, commission and committee meetings have been postponed through April 3rd.

## General Assistance

- **General/Welfare Assistance** - Kittery residents requiring general/welfare assistance are encouraged to contact the Town Clerk at [kestee@kitteryme.org](mailto:kestee@kitteryme.org) or 207-475-1313.

## Kittery Fire Department

- **Special Needs Form** - If residents have special needs that require monitoring by public safety, they are encouraged to sign-up by filling out the Fire Department inclement Weather Special Needs form available at [www.kitteryme.gov/specialneedsrequest](http://www.kitteryme.gov/specialneedsrequest) or by [clicking here](#).

## Kittery Sewer Department

- **Flushing Notice** - The Kittery Sewer Department would like to remind residents not to flush anything other than toilet tissue in their toilets.
  - Sanitizing wipes, paper towels, and baby wipes do not dissolve like toilet tissue, and instead, cause blockages and back-ups in homes and the Town's sewer system. For more information, please [click here](#).

## Resource Recovery Facility

- **The KRRF** - The Resource Recovery Facility remains open for its regular hours and will continue to operate as long as it's safe for staff to do so.
  - The HAZMAT/Landfill section of the facility is closed at this time.
  - The Freebie Barn is closed at this time.

## Rice Public Library

- **Rice Public Library** - The library is currently closed to patrons, but there is still plenty to see and do. Visit the Rice Public Library's website to access eBooks and audiobooks, take a virtual tour of a museum, stream films and TV, learn a new language and gain access to community information.
  - Access everything the library has to offer by [clicking here](#).

## Community Center

- **Kittery Community Center** - The KCC is currently closed, which includes the fitness area and walking track.
  - To stay informed on the latest developments at the Community Center, you can sign up for their newsletter by [clicking here](#).
- **Summer Camp** - The early registration option for Summer Camp registration has been extended to April 15, 2020. For more information, please [click here](#).

- **Kittery Community Auction** - The 12th Annual Kittery Community Center Auction has been postponed to June 5, 2020. For more information, please [click here](#).

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## Information for Business Owners

### Small Business Administration

The U.S. Small Business Administration (SBA) has issued a Declaration for the state of Maine. The disaster declaration makes SBA assistance available in the entire state of Maine. Along with this declaration, SBA is offering low-interest federal disaster loans for working capital to Maine small businesses suffering substantial economic injury as a result of the Coronavirus (COVID-19).

According to SBA, small businesses, private non-profit organizations of any size, small agricultural cooperatives and small aquaculture enterprises that have been financially impacted as a direct result of the Coronavirus (COVID-19) since Jan. 31, 2020, may qualify for Economic Injury Disaster Loans of up to \$2 million to help meet financial obligations and operating expenses which could have been met had the disaster not occurred.

- The deadline to apply for an Economic Injury Disaster Loan is Dec. 16, 2020.
- To apply online, receive additional information or download applications, [please click here](#).
  - Completed applications should be mailed to: U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.
- For more information, please contact: SBA's Customer Service Center: (800) 659-2955 or email via [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov). Individuals who are deaf or hard-of-hearing may call (800) 877-8339.

### Social Security

To protect the public and help stop the spread of this coronavirus, Social Security cannot accept visitors in their offices at this time. There are several other ways you can get help.

- Many services are available online at [www.socialsecurity.gov](http://www.socialsecurity.gov).
- Please visit the COVID-19 web page at [www.socialsecurity.gov/coronavirus/](http://www.socialsecurity.gov/coronavirus/) to find out what services are continuing and which ones are being suspended, how to contact the

office, and important information about deadlines that are being extended to ease the burden on you and medical providers during this pandemic.

## Unemployment Insurance Benefits for Workers Impacted by Covid-19

Unemployment Insurance Benefits (UI) are available for workers who lose their job through no fault of their own.

- For basic information about eligibility for UI, read the full handout from Maine Equal Justice by [clicking here](#).

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## Public Utility Information

- **Central Maine Power** - CMP has submitted a request to the Maine Public Utilities Commission to extend the protections afforded residential customers during the winter disconnection period from April 15 to May 15, in recognition of the potential economic impacts of the COVID-19 pandemic.
  - Customers concerned about paying their bills due to the ongoing public health situation are encouraged to contact CMP at 800-750-4000, Monday through Friday from 7:30 AM to 6:00 PM.
  - For more information on CMP's efforts, please visit their website by [clicking here](#).

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## Ways to Stay Connected

Spending time away from friends, family and neighbors during this time can be a challenge but there are still some ways to have fun!

- **Netflix Party** - This Google Chrome extension lets you and your friends simultaneously stream shows and movies on your desktop. For more information on how it works, and how to download it, [click here](#).
- **Social Media** - There are plenty of ways to interact, and have fun using chat and live streaming options on social media platforms. Want to engage with the Town of Kittery? You can find us by searching @TownOfKittery on Twitter - come by, say hi and send us your favorite GIF.
- **Night at the Opera** - The Metropolitan Opera in New York City has closed at this time, but each day, they're offering an encore presentation from their Live in HD series made available for FREE streaming. For more information on the schedule of performances and how to watch, visit their website by [clicking here](#).

- **New England Aquarium** - The aquarium is currently closed to the public, but they're making all sorts of resources and activities available online. Join them for educational presentations, live penguin and octopus feedings and more on their website which you can visit by [clicking here](#).
- **National Parks** - Google's online Arts & Culture activation includes a program called "The Hidden Worlds of the National Parks" and lets you explore from the comfort of your couch. The digital exhibit features five national parks including [Hawai'i Volcanoes National Park](#), [Carlsbad Caverns National Park](#) in New Mexico, [Bryce Canyon National Park](#) in Utah, [Kenai Fjords National Park](#) in Alaska, and [Dry Tortugas National Park](#) in Florida.

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For more information on Coronavirus (COVID-19), please visit the U.S. CDC's website, which can be found at [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).